



Study on relation of astrology with prakriti of children

Aarti Mal¹ and Abhimanyu Kumar²

¹IA&U Tibbia College & Hospital, Karol Bagh, New Delhi

²Department of Ayush, All India Institute of Ayurveda MOHFW, Govt. of India.

ARTICLE INFO

Article history:

Received: 21 July 2014;

Received in revised form:

15 September 2014;

Accepted: 25 September 2014;

Keywords

Prakriti, Western astrology,
Indian astrology (Jyotish),
Medical astrology.

ABSTRACT

Ayurveda and astrology are related aspects of Vedic science. Medical astrology is one of the main branches of astrology and is a very important pillar of Ayurveda. It includes remedial measures for harmonizing planetary influences on both body and mind. Astrology can determine the basic physical constitution of the individual from the birth chart, the physical appearance of the individual, the predominance of elements in their nature. It can calculate basic health, longevity and disease tendencies. Taking this into consideration a survey was planned to study the relation between different aspect of astrology (Western and Indian) with Prakriti (Ayurveda) in children. The survey was conducted over 225 subjects out of which 195 and 208 subjects were included in two categories of Western and Indian (Jyotish) astrology. It was found that both sciences have an impact on each other. Western astrology influence prakriti of individual upto 35.89% and Indian (Jyotish) effects prakriti upto 33.65%.

© 2014 Elixir All rights reserved

Introduction

What makes *Ayurveda* so unique is its synergetic relationship with astrology. *Ayurveda* and astrology are related aspects of Vedic science. Eternally fascinated by the uncertainty of the future, mankind has been equally engrossed in various studies that allow a peek into the future. Among the more significant of such studies is Astrology that scientifically studies planetary movements and their effects on human constitutions and lives. *Ayurveda* is based on the concept that each planet is intrinsically related to a specific body tissue and that the various planetary movements and their positions in relation to time exert powerful influences on human mind, body and consciousness, directly affecting our physical and mental health. Same way, astrology can determine the basic physical constitution of the individual from the birth chart, the physical appearance of the individual, the predominance of elements in their nature. It can calculate basic health, longevity and disease tendencies. Astrology has strong emphasis over one personality.¹

Relation of Astrology with Panchmahabhutas:

Ayurveda strongly believes that the entire universe is made up of or composed of *panchmahabhutas* i.e. five basic elements namely *Aakash* (space), *Vayu* (air), *Agni* (fire), *Jala* (water) and *Prithvi* (earth). Since astrology is a contemporary branch of Vedic Sciences. It also accepts the theory of *Panchamahabhutas*.

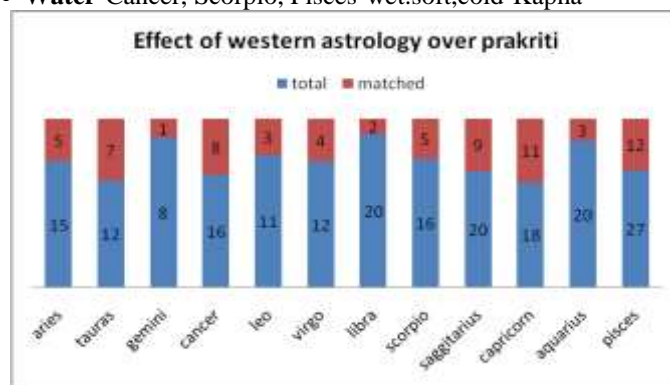
In western astrology, there are 12 astrological signs, thus each of the four elements are associated with 3 signs of zodiac which are always located exactly 120 degrees away from each other along the ecliptic and said to be trine. Indian astrology shared the same system as western astrology with difference of about a month due to different way of measuring the zodiac which has meant their divergence over the time from common origin. The Chinese tradition also uses elements in combination with the twelve signs, but uses a different system of five elements: Wood, Fire, Earth, Metal and Water. This system does not directly correspond with the Western and Indian use of elements.²

The *panchmahabhutas* play a part in the formation of *tridoshas*:

- *Vata*- *Akash*+ *Vayu mahabhuta*
- *Pitta*- *Agni mahabhuta*
- *Kapha*-*Prithvi* + *Apa mahabhuta*

The elemental rulerships for the twelve astrological signs of the zodiac are summarised as follows according to doshas as follow:

- **Fire**- Aries, Leo, Sagittarius - hot,dry,ardent-Pitta
- **Earth**-Taurus, Virgo, Capricorn -heavy,cold,dry-Kapha
- **Air**- Gemini, Libra, Aquarius- light,hot,wet-Vata
- **Water**-Cancer, Scorpio, Pisces-wet.soft,cold-Kapha



Material and methods:

The study was planned in the form of survey conducted in the area of New Delhi and Jaipur. Selection of the willing cases was made by house to house search (New Delhi) and children from OPD/IPD of National institute of Ayurveda, Jaipur. Total 225 children were enrolled during the study. Out of which, 195 children were selected in group A for to study the impact of western astrology and 208 children were enrolled in group B, for to study the relation with Indian(jyotishi) astrology.

Methodology

Date and time of birth was documented and compared with Table no-2.

Table No-1. Association between classical elements and astrological signs.³

Element	Horoscope	Can Compared with Prakriti type	Characters
Fire	Aries, Leo, Sagittarius	Pitta	These signs are fiery, bright, ardent, enthusiastic, leaders, confident, proud, spontaneous, self-sufficient and romantic
Earth	Taurus, Virgo, Capricorn	Kapha	These signs are practical, stable, consistent, rigid, determined, dependable, patient, conservative, and sensual. They love material comforts and have good recuperative powers.
Air	Gemini, Libra, Aquarius	Vata	These signs can talk and communicate well; they tend to be intellectual, and they are able to handle abstract reasoning. They are logical, objective, talkative, social, spontaneous, flexible, cautious, idealistic, and unprejudiced.
Water	Cancer, Scorpio, Pisces	Kapha	These signs are feeling, sustaining, and receptive. They are emotional, intuitive, responsive, sensitive, psychic, deep, kind, and caring. They tend to be susceptible to mood swings, and it takes a while to get to know them. They are also nurturing and base many actions they take on sense.

Table No.2- Zodiac Chart⁴

Western Sign	Element	Western zodiac	Jyotisha zodiac
Aries	Fire	March 21 - April 19	April 14 – May 14
Taurus	Earth	April 20 - May 20	May 15 – June 14
Gemini	Air	May 21 - June 21	June 15 – July 16
Cancer	Water	June 22 - July 22	July 17 – August 16
Leo	Fire	July 23 - August 22	August 17 – September 16
Virgo	Earth	August 23 - September 22	September 17 – October 17
Libra	Air	September 23 - October 23	October 18 – November 16
Scorpio	Water	October 24 - November 21	November 17 – December 15
Sagittarius	Fire	November 22 - December 21	December 16 – January 14
Capricorn	Earth	December 22 - January 19	January 15 – February 12
Aquarius	Air	January 20 - February 18	February 13 – March 14
Pisces	Water	February 19 - March 20	March 15 – April 13

Table 3. Group-A-Western astrology and Prakriti

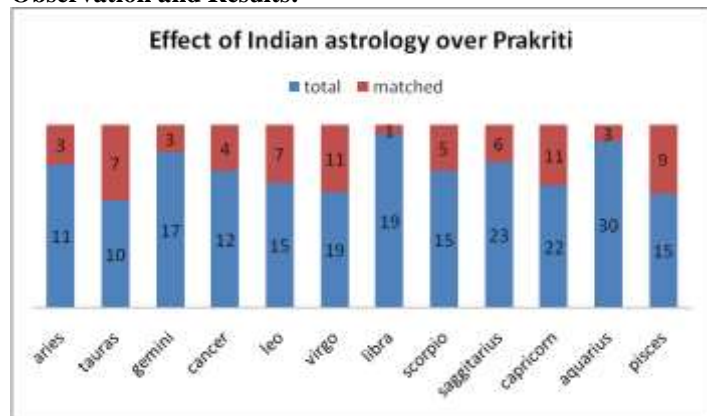
S.No.	Season	No.of children	Total %	Zodiac match with prakriti	Match %
1.	Aries	15	7.69	5	33.33
2.	Taurus	12	6.15	7	58
3.	Gemini	8	4.10	1	12.50
4.	Cancer	16	8.20	8	50.00
5.	Leo	11	5.64	3	27.27
6.	Virgo	12	6.15	4	33.33
7.	Libra	20	10.26	2	10.00
8.	Scorpio	16	8.21	5	31.25
9.	Sagittarius	20	10.26	9	45.00
10.	Capricorn	18	9.23	11	61.11
11.	Aquarius	20	10.26	3	15.00
12.	Pisces	27	13.85	12	44.44
	Total	195		70	

Table 4. Group-B-Indian astrology and Prakriti

S.No.	Season	No.of children	%	Zodiac match with prakriti	Match %
1.	Aries	11	5.29	3	27.27
2.	Taurus	10	4.81	7	70
3.	Gemini	17	8.17	3	17.65
4.	Cancer	12	5.77	4	33.33
5.	Leo	15	7.20	7	47
6.	Virgo	19	9.13	11	57.89
7.	Libra	19	9.13	1	5.26
8.	Scorpio	15	7.20	5	33.33
9.	Sagittarius	23	11.06	6	26.08
10.	Capricorn	22	10.58	11	50.00
11.	Aquarius	30	14.42	3	10.00
12.	Pisces	15	7.21	9	60.00
	Total	208		70	

Zodiac was marked under which it fall according Zodiac was marked under which it fall according to both type of astrology and element dominance of that zodiac type was noted. The dominance of element studied in the same way as *doshas* dominance in once *prakriti*.

Observation and Results:



Discussion:

In order to evaluate the relation between astrology and *prakriti* in children the study was conducted. Since both have synergetic effect on each other. The concept of *prakriti* is totally based on the *Panchmahabhutas* theory. The same way, astrology follows the four element theory of air, fire, water and earth. All the 12 zodiacs were divided into the group of 3 on the basis of these elements effects one's personality by mean of fixed, cardinal and mutual presence. This signs can be well correlated with the *prakriti* type as mentioned earlier.

Total 225 healthy children were enrolled as a part of study, which were mainly divided into 2 groups:

Group -A-(Western zodiac group)-195 children were enrolled under this section.

Group-B-(Indian/Jyotish zodiac group)-208 children were enrolled.

Date of birth and time of birth was noted and compared with the table no-2.

The effect of western and Indian astrology over *prakriti* was studied. Total 195 cases were judged with western astrology and it was observed that western astrology effect *prakriti* about 35.89% of total percentage out of which maximum number of cases falls under Pisces 13.85% and Sagittarius sign of about 10.26%.maximum correlation between *prakriti* and elemental sign of zodiac was seen in Taurus (58%) and Cancerian group(50%)

Indian astrology was studied over 208 subject account effect of 33.65% on *Prakriti* with maximum children falls in zodiac of Aquarius(14.42%) and Sagittarius (11.06%) followed by Capricorn (10.58%).the same way the maximum correlation between *prakriti* and zodiac sign element was seen Taurus(70%) and Pisces group(60%).

The difference accounts in both sciences affecting *Prakriti* was very less 36% (western) and 34% (Indian) astrology may be due to very less degree difference in defining various sign. So, both the sciences have nearly same effect on *Prakriti*.

References:

1. Ayurveda the science of life (part-2)-www.Astrology on the web, science of life.htm.
2. Astrological signs – www.wikipedia.com
3. http://en.wikipedia.org/wiki/Astrology_and_the_classical_elements#Elements_of_the_zodiac
4. Zodiac." McGraw-Hill Encyclopedia of Science and Technology. The McGraw-Hill Companies, Inc., 2005. Answers.com 29 Nov. 2007. <http://www.answers.com/topic/zodiac>