



# Use of Plankton as Bioindicators in Water Quality Management for Sustainable Use in Fishery Production: A Review

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## ABSTRACT

Bioindicators are living organisms which can be used to screen the health of the natural ecosystem. Plankton assesses the ecological changes taking place in freshwater environment. The assessment of water quality using plankton promotes water quality and yield. The quality of aquatic ecosystem reflects the quality and species of organisms that colonize it. In Nigeria, the freshwater ecosystem represent over 50% of the natural resources that sustain over 45% of the over 220 million population. Water bodies of the world represent over 75% of global natural resources that sustain over 60% of world population of over 6 billion, projected to reach over 9 billion by 2055. Hence, the place of water bodies cannot be underestimated in sustainable livelihood and standard of living. Their pollution due to massive anthropogenic activities are worrisome. Hence, the constant monitoring of their quality has been called by marine and other scientists. This review details the role of plankton in water quality and yield assessment.

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## Introduction

Plankton describes the phytoplankton and zooplankton communities (Walsh, 1978). They react rapidly to ecological changes and are viewed as excellent indicators of water quality and trophic conditions due to their short time and rapid rate of reproduction (Pradhan *et al.*, 2008). Planktons is also main source of nutrition for many fish (Parmar, 2016). In addition, certain plankton such as cyanobacteria produce toxins which are harmful to fishes. Thus, plankton is both useful and harmful to aquatic habitats (Pradhan *et al.*, 2008).

The sustainability of aquatic resources is heavily dependent on high quality water. In developing countries, assessing water quality through constant monitoring of planktons as bio-indicators remains the cheapest and easily available method (Ovie *et al.*, 2011). Their quality determines fish populations. Hence, the physico-chemical, as well as biological properties of water are very paramount (Sandhya and Benarjee, 2016).

Despite many technological advances, scientists still turn to biota of natural aquatic systems for the quality of water ecosystem. According to Asthana and Asthana (1988), the quality of aquatic ecosystem is reflected in the quality and species of organisms that colonize it. These organisms detect changes in aquatic or terrestrial environment, both positive and negative and are generally called "bioindicators" (Parmar *et al.*, 2016). According to Trishala *et al.* (2016), bioindicators are living organisms such as plants, plankton animals and microbes whose activities, populations, morphology, physiology or behaviour gives information or predicts the conditions of the environment where they are domiciled.

Water quality indices include nutrients, clarity, biochemical oxygen demand, chemical contaminants and

bacteria content (Campell *et al.*, 2008). Niaz and Rasul (1998) reported the merits of biological indicators over chemical indicators for the study of pollution dynamics of aquatic ecosystem. According to the scientists, biological indicators respond to all the physical, chemical factors and can be applied at broader scale in their discourse.

### Classification of bioindicators and their role in aquatic ecosystem stability

Bioindicators are grouped into intolerant or sensitive and tolerant or insensitive biota as regards to responses to pollution (Sumampouw *et al.*, 2014). The existence of sensitive organisms to the pollution of river indicates the good condition of the water ecosystem. All species assemblages tolerate a limited range of chemical, physical and biological conditions which can be used for the evaluation of environmental quality (Sumampouw *et al.*, 2014).

The use of biomonitor is described as biomonitoring and is thus defined by Li *et al.* (2010) as a systematic use of indicator organism or their responses to determine the condition or change of the environment. One of the criteria used when an organism is proposed as a biomonitoring agent is a simple correlation between pollutant levels present in the organism and those in its environment (Singh *et al.*, 2014). Biomonitoring aims to assess the state of the natural environment and levels of pollution. Biomonitoring is divided into passive and organism associations which are natural component of ecosystem. Active biomonitoring includes all methods which insert organisms under the control conditions to be monitored (Singh *et al.*, 2014). The common biomonitoring methods for aquatic pollution includes biota population, bacteria test, acute toxicity and residue analysis.

### Characteristics and role of plankton as bioindicators

Bioindicators need taxonomical soundness. It must be easy to be recognized by non-specialists. Likewise, low mobility and high ability for qualification and standardization (Leis et al., 2008). Others include, easy sampling and suitability for laboratory experiment, high sensitivity to environment stressors and accumulation of high levels of pollutants without death. Again, enough abundance and wide distribution for repetitious comparison (Leis et al., 2008).

The effect of pollutants on the indicator species are clearly recognizable and its application is relatively cost effective. Their studies, according to Signh et al. (2014) require simple techniques which can easily be repeated by different individuals from time to time. According to the scientists, using of plankton as bio-indicator is feasible in different ecosystem and is suitable for assessing large areas. Plankton indicator species are also easier to interpret and less ambiguous than direct sampling and assessment of all plant and animal communities in a given ecosystem (Leis et al., 2008). Nevertheless, the application of plankton as bioindicators in environmental monitoring is also beset with problems (Leis et al., 2008). These include: the difficulty of presenting indicator species with sufficient number of individuals, lack of widespread locality for areas under investigation and lack of knowledge on the physiological processes of uptake and retention of toxic substances or environmental contaminants.

### Plankton as indicators of ecological niche

Plankton are useful organisms for detecting changes in the environment. The presence of pollutants and effects on the habitat are made possible (Leis et al., 2008). Hence, plankton is common yardstick for assessing anthropogenic activities. Some plankton indicators can be developed specifically to assess human exposure through the food chain to environmental risks. Some are at high risk, others intermediate and lower trophic levels and form part of diet of man. Hence, directly and potentially relevant to human exposure (Leis et al., 2008). Plankton indicators according to the authors are also relevant for predictions and recognition of environmental stresses and how to prevent or assuage the situation with appropriate management practices.

### The place of phytoplankton as biological indicators

Phytoplankton, also known as microalgae are the micro-plant organisms without differentiation into roots, stems and leaves (Bellinger et al., 2010). They contain chlorophyll and require daylight to live and develop. They are autotrophic by obtaining their nutrients from inorganic sources namely: nitrates, phosphates and photosynthetically through complex carbon compounds using CO<sub>2</sub> and sunlight energy (Ayodhya, 2013). They are primary producers in marine and inland waters (Zhonetal, 2008). Phytoplankton remain one of the most rapid bioindicators of water quality due to their short life span, quick responses to inorganic phosphorus and nitrogen (Ayodhya, 2013). Phytoplankton have been used successfully for monitoring water pollution (Parmar et al., 2016). According to Campbel et al. (2008) phytoplankton biomass is among the most reliable indices of water quality; with Oligotrophic giving 0.21–0.55 mg m<sup>-3</sup>; mesotrophic, 0.57– 2.55 mg m<sup>-3</sup>; eutrophic, 3.0 – 6.55 mg m<sup>-3</sup> and extremely eutrophic, >31.17 mg m<sup>-3</sup>. (Gokee, 2016). Phytoplankton represent an interface between habitat and biotic components of the food web (Gokee, 2016). According to the author, phytoplankton are sessile, cannot migrate to avoid pollution and must tolerate wide environmental conditions or

disappear. They are also species rich with each group having their tolerances. Phytoplankton have short life span and respond rapidly to changes in their environment. They are also spatially dense and easy to sample and store. They are also smaller in size compared to other biota and hence, are potentially more sensitive to pollution at lower concentrations (Gokee, 2016). Table 1 summarizes the groups of phytoplankton as bioindicators as reported by many scientists.

### The place of zooplankton as biological indicators

Zooplankton are micro drifting organism in water that depend on phytoplankton and bacteria for food (Ajayi, 2014). They are poor swimmers, instead relying on tides and current as a transport mechanism (Parmar et al., 2016). They are secondary producers in the food web. The three major groups of zooplankton are copepod, cladocera and rotifers (Adigun, 2005). Zooplankton play important role as bioindicators and help to evaluate the level of water pollution (Parmar, 2016). Through polluting substances of industrial origin, life cycle of zooplankton are disturbed (Binachi et al., 2003). The population and abundance of zooplankton are also affected by water quality (Ovie et al., 2011). The qualitative and quantitative analysis of zooplankton have led to the establishment of bioindicators indices and systems essential for assessment of water pollution (Kamari et al., 2008). Characteristically, zooplankton community are composed of highly sensitive organisms that respond to a large number of environmental changes in relatively short period of time. An increase in zooplankton biomass has been linked to a rising level of eutrophication because of increased resource availability which in turn leads to growth in the biomass of phytoplankton (Neto et al., 2014). Zooplankton offer several advantages: they have worldwide distribution and their communities are sensitive to changes in environmental factors, as well as the amount of organic matter in aquatic ecosystem (Ismail, 2016). Table 2 summarises groups of zooplankton as bioindicators as reported by many scientists.

### Conclusion

Plankton still represent an important biota of natural ecosystem. Despite many technological advances, they still remain important indicators for assessing water quality. In view of the place of freshwater bodies in the life of man, and the activities associated with their pollution, there is need for constant monitoring to preserve life of aquatic communities that sustain man. All over the world, aquatic environment is being threatened by massive pollution arising from agriculture, industries, municipal wastes, sewage and burning of fossil fuel. These activities have tremendous impact on aquatic lives and the overall environment. Researchers have focused on various methods of testing water pollution. In developing countries, with less technological know-how like Nigeria, bioindicators will remain viable option for testing aquatic pollution and safeguarding the fresh water bodies that are sources of drinking and domestic water.

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Table 1. Groups of phytoplankton as bioindicators.

Phytoplankton	Indications	Authors
<i>Chlorophyceae</i>		
<i>Chlorella</i>	Eutrophic water/organic pollution	Ayodhya, 2013
<i>Scenedesmus spp</i>	Eutrophic water/organic pollution	Ayodhya, 2013
<i>Pediastrum</i>	Eutrophic water/organic pollution	Ayodhya, 2013
<i>Microspora flocci</i>	Eutrophic water/organic pollution	Onyema, 2013
<i>Spirogyra Africana</i>	Eutrophic water/organic pollution	Onyema, 2013
<i>Cladophoraglomerata</i>	Eutrophic water/organic pollution	Onyema, 2013
<i>Akistrodesmus spp</i>	Acidic to neutral water	Onyema, 2013
<i>Gonatozygon spp</i>	Acidic to neutral water	Onyema, 2013
<i>Staurastrum paralozum</i>	Acidic to neutral water	Onyema, 2013
<i>Volvox spp</i>	Eutrophic water	Fonge et al., 2012
<i>Cosmarium spp</i>	Oligotrophic	Fonge et al., 2012
<i>Ulothrix spp</i>	Eutrophic water	Fonge et al., 2012
<i>Sphaecystis spp</i>	Mesotrophic water	Fonge et al., 2012
<i>Staurastrum bieneanum</i>	Eutrophic water	Fonge et al., 2012
<i>Spirogyra longata</i>	Eutrophic water	Fonge et al., 2012
<i>Chlamdomonas spp</i>	Eutrophic water	Fonge et al., 2012
<i>Chlosteriopsislongissima</i>	Mesotrophic water	Fonge et al., 2012
<i>Monoraphidium setforme</i>	Eutrophic water	Fonge et al., 2012
<i>Monoraphidium setforme</i>	Eutrophic water	Fonge et al., 2012
<i>Cyanophyceae</i>		
<i>Oscillatoriasp</i>	Eutrophic water/organic pollution	Ayodhya, 2013
<i>Anabena</i>	Eutrophic water/organic pollution	Gokee, 2016
<i>Aphanizomenon</i>	Eutrophic water/organic pollution	Gokee, 2016
<i>Microcystis spp</i>	Eutrophic water/organic pollution	Gokee, 2016
<i>Chroococcus turgidus</i>	Eutrophic water/organic pollution	Onyema, 2013
<i>Merismopedia gluca</i>	Eutrophic water/organic pollution	Onyema, 2013
<i>Lynbgya spp</i>	Eutrophic water/organic pollution	Onyema, 2013

Phytoplankton	Indications	Authors
<i>Spirulina platensis</i>	Eutrophic water/organic pollution	Onyema, 2013
<i>Trichodesmium thiebautii</i>	Alkaline Ph/cation level	Onyema, 2013
<i>Chlorococcus dispersus</i>	Eutrophic water	Fonge et al., 2012
<i>Crythropsis pavillardii</i>	Oligotrophic water	Fonge et al., 2012
<i>Chlacidium spp</i>	Mesotrophic water	Fonge et al., 2012
<i>Dactylococcopsis acicularis</i>	Eutrophic water	Fonge et al., 2012
<i>Bacillariophyceae/Diatom</i>		
<i>Melosira</i>	Eutrophic water/organic pollution	Ayodhya, 2013
<i>Navicula</i>	Eutrophic water/organic pollution	Ayodhya, 2013
<i>Nitzschia spp</i>	Eutrophic water/organic pollution	Ayodhya, 2013
<i>Gomphonema</i>	Eutrophic water/organic pollution	Ayodhya, 2013
<i>Asterionella</i>	Eutrophic water/organic pollution	Gokee, 2016
<i>Autacoseira</i>	Eutrophic water/organic pollution	Gokee, 2016
<i>Fragilaria</i>	Eutrophic water/organic pollution	Gokee, 2016
<i>Stephanodiscus</i>	Eutrophic water/organic pollution	Gokee, 2016
<i>Actinoptychus splendens</i>	Alkaline pH/high cation levels	Onyema, 2013
<i>Ditylum brightwelli</i>	Alkaline pH/high cation levels	Onyema, 2013
<i>Hemidiscus cuneiformis</i>	Alkaline pH/high cation levels	Onyema, 2013
<i>Leptocylindricus danicus</i>	Alkaline pH/high cation levels	Onyema, 2013
<i>Chaeceras convolutus</i>	Alkaline pH/high cation levels	Onyema, 2013
<i>Bacillaria paxillifer</i>	Alkaline pH/high cation levels	Onyema, 2013
<i>Gyrosigma spp</i>	Alkaline pH/high cation levels	Onyema, 2013
<i>Hantzschia amphioxys</i>	Alkaline pH/high cation levels	Onyema, 2013
<i>Odontella spp</i>	Alkaline pH/high cation levels	Onyema, 2013
<i>Pleurosigma angulatum</i>	Alkaline pH/high cation levels	Onyema, 2013
<i>Eunotia monodon</i>	Acidic water solution	Onyema, 2013
<i>Aulacoseira spp</i>	Moderate organic pollution	Onyema, 2013
<i>Cyclotella menighiniana</i>	Organic pollution	Onyema, 2013
<i>Pinnularia major</i>	Organic pollution	Onyema, 2013
<i>Pinnularia gibba</i>	Organic pollution	Onyema, 2013

Phytoplankton	Indications	Authors
<i>Synedra spp</i>	Moderate organic pollution	Onyema, 2013
<i>Surirella spp</i>	Moderate organic pollution	Onyema, 2013
<i>Thalassiosira arutula</i>	Oligotrophic water	Fonge et al., 2012
<i>Thalassiothrix frauenfeldii</i>	Oligotrophic water	Fonge et al., 2012
<i>Thalassiosira nitscheri</i>	Oligotrophic water	Fonge et al., 2012
<i>Caloneisbacillum</i>	Oligotrophic water	Fonge et al., 2012
<i>Coscinodiscus lacustris</i>	Oligotrophic water	Fonge et al., 2012
<i>Cyclotella meneghirians</i>	Mesotrophic water	Fonge et al., 2012
<i>Euglenophyleae</i>		
<i>Euglena acus</i>	Organic pollution	Onyema, 2013
<i>Phacus sp</i>	Organic pollution	Fonge et al., 2012
<i>Trachelomonas hispida</i>	Eutrophic water	Fonge et al., 2012
<i>Euglena spingyra</i>	Eutrophic water	Fonge et al., 2012
<i>Dinophyleae</i>		
<i>Ceratium spp</i>	Alkaline pH	Fonge et al., 2012
<i>Peridinium</i>	Shallow aqua zone	Fonge et al., 2012
<i>Chrysophyceae</i>		
<i>Chrysotephanosphaera globulifera</i>	Acidic water	Fonge et al., 2012
<i>Synura uvella</i>	Acidic water/shallow aqua zone	Fonge et al., 2012

Table 2. Groups of zooplankton as bioindicators

Zooplankton	Indications	Authors
Rotifer group		
<i>Keratella tropica</i>	High turbidity/Non polluted water	Komala et al., 2013
<i>Keratella quadrata</i>	Non-polluted water	Komala et al., 2013
<i>Brachianus carlyciflorus</i>	Eutrophication	Komala et al., 2013
<i>Bronchinus caudatum</i>	Non-polluted water	Komala et al., 2013
<i>Trichocerca spp</i>	Eutrophication	Ismail and Adnan, 2016
<i>Asplachna spp</i>	Eutrophication	Ismail and Adnan, 2016
<i>Polyarthra spp</i>	Eutrophication or polluted water	Ismail and Adnan, 2016
<i>Lecane</i>	Polluted water	Ismail and Adnan, 2016
<i>Ephiphanes macrourus</i>	Non-polluted water	Komala et al., 2013
<i>Diurella spp</i>	Non-polluted water	Komala et al., 2013
<i>Gastropus hytopus</i>	Non-polluted water	Komala et al., 2013
<i>Cladocera group</i>		
<i>Trichotriate traits</i>	Heavy metal pollution	Komala et al., 2013
<i>B. angularis and Rotatona</i>	Eutrophication condition	Komala et al., 2013
<i>Moina</i>	Eutrophication condition	Komala et al., 2013
<i>Daphnia</i>	Eutrophication condition	Komala et al., 2013
<i>Bosmina</i>	Eutrophication condition	Komala et al., 2013
<i>Thermocyclops spp</i>	Eutrophication condition	Komala et al., 2013
<i>Macrocylops spp</i>	Eutrophication condition	Komala et al., 2013
<i>Mesocyclops spp</i>	Eutrophication condition	Komala et al., 2013
<i>Cyclops spp</i>	Eutrophication condition	Komala et al., 2013
<i>Diaphanosoma spp</i>	Non-polluted water	Komala et al., 2013
<i>Nauphus spp</i>	Non-polluted water	Komala et al., 2013
<i>Nuplius spp</i>	Non-polluted water	Komala et al., 2013
<i>Zoea larva</i>	Non-polluted water	Komala et al., 2013
<i>Copepods</i>		
<i>Cyclops</i>	Eutrophic conditions	Neto et al., 2014
<i>Calanoids</i>	Oligotrophic conditions	Neto et al., 2014
<i>Phyllodiaptamus</i>	High acidity level	Parmar et al., 2016