The Students' Perception of Involvement in Extra-Curricular Activities on the Enhancement of Personality

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ABSTRACT

The curriculum is beneficial activities that provide many benefits to students. The purpose of this study was to look at the students' perception of involvement in extra-curricular activities of the students' personality enhancement that can impact the discipline and leadership style. A total of 278 students have taken as samples, representing an estimated population of 1000 student semester 1 and 2 Polytechnics Ibrahim Sultan (PIS) that are directly involved in the subject of AR 101 and AR 201 Co-curriculum Curriculum 2. Researchers use questionnaires circulated to selected respondents. The data obtained from the findings of the questionnaire were analyses by using that Statistical Package for Social Science (SPSS) version 19. The results of this analysis that will generate a percentage and mean based on data obtained from the questionnaire. The results mean the study was 0.84 for positive questions and items for item negative 0.20 question that reflects students agree that extra-curricular activities capable of improving the personality.

Introduction

Education is one thing that is very important in educating their children to become successful in academics as well as personality. In order to realize a dream, the students not only need to be emphasized in the curriculum, but they also need to be actively involved in extra-curricular activities. This is because of extra-curricular activities are the most effective medium to realize national education philosophy, especially in the context of producing a balanced student in terms of physical strength, mental, emotional, spiritual, intellectual and social finally able to create highly skilled human resources in Malaysia. Implementations of extra-curricular activities are an effective medium for producing professional students as complementary to the curriculum and assist in the development of personality [6].

Participation of students active in extra-curricular activities indirectly helps improve their personality and thus can affect students' discipline. Touching the disciplinary aspect, lies in the definition can be defined as the exercise of thought and behavior that can control yourself and comply with the discipline [4]. Based on the definition above, the discipline comes from within man itself and they need to think in manly in taking whatever actions performed upon his life itself.

Currently, the disciplinary misconduct involving students and teenagers is at the level of concern with the growing number of cases dramatically. The Ministry of education in 2003 has identified a total of 1.09 per cent of students 76300 seven million students in the country involved in disciplinary problems [2]. Between the student disciplinary problems that are very alarming as triad activities, illegal motorcycle racing activities, criminal blackmail rape and steal have reported. The statistics showed here States that disciplinary problem among teenagers in particular students increasingly seriously.

Involvement in extra-curricular activities can also improve the leadership style of the student. The definition of leadership can be defined in several respects. First, the leadership needs to involve other people, namely followers. Followers voluntarily ready to receive instructions from leaders for creating a group leadership in the process. Second, leadership involves the separation of powers in the group is not the same because leaders have the power of authority to lead his crew members. Third, leadership in education is the ability to influence, motivate and change the attitudes of teachers, followers such as support staff as well as students in implementing activities and programs have been established [7].

The study [1] against the students of Universiti Teknologi Malaysia (UTM) shows that the construction of personal excellence through participation in co-curricular among student leaders at UTM is positive. The leader is a credible individual, competent, resilient and charismatic [5]. The process of developing and producing the best leaders need a long time. Great leaders currently are not born as natural leaders, on the other hand, formed through the process of the formation of its continuous leadership since the age of schooling.

Statement of the Problem

Have high privacy, social skills and personal skills are the required criteria in finding a good job. This criteria is actually contributing to the sought-after sights to get the job. These criteria are not naturally but resulting from education, training and experience that have been travelled.
To produce students who have the criteria, students are required to engage in extra-curricular activities, whether in schools or institutions of higher learning (IHL). Typically, if a student is involved in extra-curricular activities, automatically the personality, skills and their knowledge will increase. In globalisation, career field are in dire need of individuals who not only have high knowledge, but also have good skills [8]. Therefore, students in schools or INSTITUTIONS of HIGHER LEARNING should prepare themselves so as not to miss this and regret it later in life.

Currently, argue question of quality that exists in INSTITUTION graduate from either the public sector or private sector. There is quality in the show they are not graduates are at the level of graduate INSTITUTION. Personality themselves are questions, are they will be able to become future leaders? This makes the researchers took the opportunity to carry out research regarding student participation in extra-curricular activities towards student improvement in personality.

In institutions of higher learning including Polytechnics Ibrahim Sultan (PIS), student who attended did not all have a personality as expected. This matter arises because there are several cases involving student misconduct offences either in respect of a breach of the rules of discipline or institution. Therefore, there needs to be leadership traits in each student is also seen increasingly eroding. The average from this lack of students demonstrate high leadership and prefer to become future leaders? This makes the researchers took the opportunity to carry out research regarding student participation in extra-curricular activities towards student improvement in personality.

As a result of the problems above, then may our ideas to see the link between student involvement actively in extra-curricular activities for the enhancement of student personality covering aspects of discipline and student leaders.

Objective of the Study
Of this study was to:-
1) Study the perception of involvement of students in the curriculum on the development of leadership qualities.
2) Study the perception of involvement of students in the curriculum to the level of discipline among the students.

Study questions:-
1) Does the student involvement in extra-curricular activities can build student leadership?
2) Does the student involvement in extra-curricular activities can improve student discipline?

The Scope of the Study
The study focused on student’s semester 1 and 2 from four academic departments in PIS which mechanical engineering Department (JKM), Department of electrical engineering (JKE), Tourism and hospitality Department (JPH) and the Department of design and Visual Communication (JRKV). It involves students who take the subject AR101 (Co-curriculum 1) and AR201 (Co-curriculum 2) in PIS.

The Significance of the Study
The importance of this study is to identify the needs of the extra-curricular activities in PIS. As a result of this study, researchers were able to find out students’ perception about the personality from the aspect of fostering leadership and improve student discipline through participation in co-curricular program in PIS. This important study carried out to all the lecturers and students of PIS.

Methodology
This research is carried out by using a survey method which is not experimental research that regularly used in the social sciences. Research carried out in the form of a descriptive statistic that describe basic statistic. Data collected from respondents were analyzed by using SPSS version 19 and the results of the analysis presented in the form of a percentage and mean [7].

Researchers have used questionnaires as this research instrument issued to respondents selected as has been described in 5.0 questionnaires designed based on previous studies of reference [9].

The number of the population used in this research was about 1000 students representing the estimated total number of students semester 1 and 2 in PIS. To achieve the population, researchers have used a sample size involves a total of 278 respondents. Total size of samples taken for achieving the population was appropriate based on the schedule of sampling [3].

Table 1. Distribute sample according to the department

<table>
<thead>
<tr>
<th>No.</th>
<th>Department</th>
<th>Semester</th>
<th>Sample</th>
<th>Percent%</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>JKM</td>
<td>1</td>
<td>34</td>
<td>12.2</td>
</tr>
<tr>
<td></td>
<td></td>
<td>2</td>
<td>35</td>
<td>12.6</td>
</tr>
<tr>
<td>2</td>
<td>JKE</td>
<td>1</td>
<td>35</td>
<td>12.6</td>
</tr>
<tr>
<td></td>
<td></td>
<td>2</td>
<td>34</td>
<td>12.2</td>
</tr>
<tr>
<td>3</td>
<td>JRKV</td>
<td>1</td>
<td>35</td>
<td>12.6</td>
</tr>
<tr>
<td></td>
<td></td>
<td>2</td>
<td>35</td>
<td>12.6</td>
</tr>
<tr>
<td>4</td>
<td>JPH</td>
<td>1</td>
<td>35</td>
<td>12.6</td>
</tr>
<tr>
<td></td>
<td></td>
<td>2</td>
<td>35</td>
<td>12.6</td>
</tr>
<tr>
<td>Total</td>
<td></td>
<td></td>
<td>278</td>
<td>100</td>
</tr>
</tbody>
</table>

Table 2. Analysis, interpretation means

<table>
<thead>
<tr>
<th>No.</th>
<th>Range Mean</th>
<th>Hypothesis</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>0.00 ≤ x ≤ 0.50</td>
<td>Tend not to agree</td>
</tr>
<tr>
<td>2</td>
<td>0.51 ≤ x ≤ 1.00</td>
<td>Tend to agree</td>
</tr>
</tbody>
</table>

Overall, the analyses of this questionnaire showed that the average mean score for positive items is 0.84 and it is approaching the scale of 1, which is means agree. While the average total mean score for item negative is 0.20 and it approaching to 0 that does not agree. From the findings students believed that extra-curricular activities enhance their personality in terms of leadership and the level of discipline. It proved that extra-curricular activities could provide a positive impact to the students.

Summary
The students’ perception of involvement in extra-curricular activities will enhance a personality and give impact to discipline and leadership style. This is because students who don’t mix and mingle with other students cause themselves marginalized and feels low self-esteem. They are lack of confidence and personality will be making them worse and high pressure. We also acknowledge based on the findings, respondents totally agree with the benefits and advantages of being involved in extra-curricular activities. The findings also indicate that the respondent had no problems in developing and improving themselves through extra-curricular activities for their future undertakings.

As a suggestion, Polytechnics Ibrahim Sultan should encourage the students to continue engaging in extra-curricular activities although they have completed the required courses AR 101 and AR 201. From the students side, they need to be smart in arranging time between curricular and extra-curricular activities for the benefit of themselves. In this case, all the PIS should cooperate in developing personality of students through extra-curricular activities involving the
students so that they excel in terms of personality and leadership style discipline.

References